

THEO- CENTRIC COUNSELING

ONE OF
THE SHATTER THE DARKNESS
3RD MILLENNIUM TRAINING COURSES

WWW.SHATTERTHEDARKNESS.NET

**THEO-CENTRIC COUNSELING
SEMINAR**

NOTES:

THEO-CENTRIC COUNSELING IS:

1.

2.

3.

4.

GOD IS SOURCE:

INTRODUCTORY TEST

NOTES:

A person comes to you and says that they are depressed and are ready to give up.

What do you think these people may say?

1. A psychologist

2. A pastor

3. A bartender

4. A football coach

5. A taxi driver

What would you say/do?

Any scriptures come to mind?

How would you pray for them?

STUDENT TESTING

NOTES:

List a problem you had. Past or present

How did you feel?

How did the problem affect you?

Who did you go to?

How was it resolved?

Was prayer involved?

Was scripture used?

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NOTES:

SESSION ONE

A REVELATION OF COMPASSION

Study 2 Corinthians 1:1-11

- 1. Verse 2-What is offered?**
- 2. Verse 3-Who is God?**
- 3. Verse 3-What kind of God is He?**
- 4. Verse 3-What does this God do?**
- 5. Verse 4-What can He do in your life?**
- 6. Verse 4-How will He use us?**

7. Verses 5-7-If God works in one persons life, can you expect Him to do the same in another's life? Why?

8. Verse 8-9-How deep did the problem go? Explain.

9. Verse 9-Where is the hope in this verse?

10. Verse 10-Does God only help once?

11. Verse 11-Where else did help come from?

It is the nature and character of God that is at the heart of counseling. It is what He is says, and does that matters.

What do you see in the book of Psalms that demonstrates the God of hope and help?

What do you see in the book of Proverbs?

In the Gospels Jesus is God in human flesh. How do you see Jesus in those Gospels as the God of hope and help?

Do you see the God of hope and help in the book of Acts?

Theo-centric counseling comes down to the

NATURE/CHARACTER OF GOD

THE WORDS OF GOD

THE ACTS OR WORKS OF GOD

From God in His self revelation and our personal experience with Him, (and His character, words and works) will come a confidence and competence in helping others.

NOTES:

THEO-CENTRIC COUNSELING

NOTES;

SESSION 3

PAIN AND PROBLEMS IN A FALLEN WORLD

BASED ON GENESIS 3 AND ROMANS 1

GENESIS 3 Backing up to the fall of the human race

**What is “SOUL SORROW”?
The real and the ideal.**

17 breaks/fractures at the fall

- 1. Spiritual**
- 2. Physical**
- 3. Psychological**
- 4. Relational**
- 5. Social**
- 6. Ecological**
- 7. Economic**
- 8. Creation**
- 9. Family/marriage**

10. Pro-creation

11. The sin code/nature

12. The satanic agenda

13. Mental

14. Emotional

15. Judgment

16. Destiny

17. Reaping what we sow (death)

PAIN AND PROBLEMS/PREDISPOSED

Give yourself 5 minutes and write down as many issues of pain and problems in life and society. Use back of paper if needed.

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NOTES:

SESSION FOUR

THE RESOURCES OF GOD

1. Existence

2. Nature

3. Words

4. Works

5. Revelation

6. Jesus Christ

7. The Church

The mission of Jesus Christ is

The motivation of God is

The problem of

Sin

Satan

Society

THE RESOURCES OF GOD ARE FOUND SUPREMEPLY IN CHRIST

NOTES:

The nature, work and extent of:

1. PROVIDENCE

2. SALVATION

3. HEALING

4. DELIVERANCE

5. WORD OF GOD

6. POWER OF THE SPIRIT

7. POWER OF PRAYER

8. POWER OF MIRACLES

9. THE GIFTS OF THE SPIRIT

10. THE CHURCH/PEOPLE OF GOD

11. THE WISDOM OF GOD

12. THE LOVE OF GOD/relational

13. HOPE ETERNAL

The testimony of the persons and the stories in the Word of God reveal God's love, mercy and power.

How did God work? In

Adam and Eve's life

Moses' life

Joseph's life

David's life

Job's life

Mark 5 demonized man

What does Hebrews 11 tell you?

SESSION FIVE

YOU THE COUNSELOR

1. Are you ready?

**Saved
Filled
Growing
Experienced
Servant**

‘You can only give what you _____’!

2. You are a personal witness

3. You have a Mission

4. You have help in *helping*

5. You can learn from

Your life with God

Others

6. You got to keep growing!

Who can counsel?

All who are-

All who have-

All who know-

All who are surrendered-

All who use the-

All who have experienced-

TESTING THE COUNSELOR

- 1. What do you know?**
- 2. What training do you have?**
- 3. When you need help where do you go?**
- 4. How do you resolve problems?**
- 5. Who is the last person you helped?**
- 6. What was the problem?**

What happened?

GROWING THE COUNSELOR

- 1. Expand your K**
- 2. Enlarge your R**
- 3. Experience M**
- 4. Evaluate and A**

SYSTEMS OF COUNSELING

- 1. Biblical**
Theo-centric
Nouthetic
Theophostic
 - 2. Mixed**
 - 3. Secular**
 - 4. Street**
 - 5. Self help**
 - 6. New age**
- Others**

Seminars, courses and conferences! Yes!

NOTES:

PITFALLS OF THE COUNSELOR

- 1. Doing damage**
- 2. Refusing resources**
- 3. Transference**
- 4. God complex**
- 5. One track ministry**
- 6. Doing nothing**
- 7. Spiritual warfare**
- 8. Transference**
- 9. Temptation**
- 10. Confidentiality**

BIBLICAL ETHICS

Book of 1 JOHN

2:6

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SESSION SIX

COUNSELING THE COUNSELEE

1. Who are they?

Then what's going on?

2. The bio/intake

**Information speaks
Information opens the door**

3. What is their condition?

4. Let them talk/tell

Listen

Learn

Love

5. Theo-centric: Why does God have them here before you?

Gods will

All the stuff

Who and what else

NOTES:

TAKING NOTES GAINING INSIGHT

NOTES:

- 1. Listening**
- 2. Discerning**
- 3. Facts**
- 4. Reference**
- 5. Ministry Instruction**

EVANGELIZING THE COUNSELEE

- 1. Before**
- 2. During**
- 3. After**

Follow up / Discipleship

THE ISSUE/PROBLEM AT HAND

The cry of the counselee

- 1. Define it**
- 2. Restate it**
- 3. Examine it**
- 4. Count them/ the issues**

Beginning to minister

WHAT ABOUT OBSTICLES?

- 1. One sided**
- 2. Lying**
- 2. Hiding**
- 4. Confused**
- 5. Rejecting/Resisting**
- 6. Relapse**

RELEASING MINISTRY TO THE COUNSELEE

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- 1. Prayer**
- 2. Testimony**
- 3. Word/ Instruction**
- 4. What does Holy Spirit say?**
- 5. What needs to be done / the works**
Healing
Deliverance

Reactions:

Repentance

Acceptance

NOTES:

Choice

Change

What is the course of action?

Home work/strengthen the ministry

Next meeting???

Close in prayer faith and worship

FROM RECOVERY TO VICTORY

1. Issue solved?

2. Victory in place

Put off

Put on

3. Growing / building

4. What else do they need/ God's will

5. Power up!

Filled/ Blessed/ Blessing

Prayer

Discipleship

Armor

Church

Small group

Ministry

NOTES:

RELEASING THE COUNSELEE

- 1. Present Victory in Christ**
- 2. Dependent on God**
- 3. They have new skills**
- 4. The course is set**
- 5. Go tell the world what Jesus has done**
- 6. Blessing and Releasing**
- 7. Evaluating it all**

RECRUITING THE COUNSELEE

- 1. Chosen to bear fruit**
- 2. The testimony**
- 3. Comfort received is Comfort to give!**
- 4. Training / Equipping**
- 5. Ministry opportunity**

This is a testimony of redemption. From defeat to victory, from weakness to strength and from faith to greater faith.

NOTES:

SESSION SEVEN

RESPONDING POWERFULLY

Take time this week to study these scriptures

Psalm Ch. 34

James Ch.1

Romans Ch. 5

2 Peter Ch. 1

How you respond to a problem/trouble can determine the character and conduct you show the rest of your life.

You can respond to trouble with seeking God, praise, prayer, faith filled perseverance.

or

You can respond to trouble with anger, negativity, doubt and complaining.

What does the Holy Spirit teach you in the above references about responding?

What is God trying to change in a life when there is trouble?

How can you help a counselee 'grow' while they wait for the solution?

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NOTES:

SESSION EIGHT

THE APPOINTMENT/PLACE

- 1. CRISIS**
- 2. TIME**
- 3. PLACE**

PRAYING OVER/IN THE PLACE

- 1. Seek the presence of God**
- 2. Cleanse the room?**

WHO SHOULD BE THERE?

- 1. Team**
- 2. Friends of counselee**
- 3. Distractions**

HOW LONG SHOULD THE SESSION BE?

- 1. Time to minister**
- 2. Ministry progress**
- 3. Recovery to Fullness**

HOW ABOUT REFRESHMENTS

- 1. Food and drink**
- 2. Music?**
- 3. Safety**